

Handball Practice 14: Interaction of Back Position Players with the Pivot

The interaction between back position players and the pivot is crucial in handball. The pivot is the player who positions themselves in the center of the defense, and their role is to create space for their teammates by setting picks and screens. Back position players are the players who play behind the pivot, and their role is to score goals and create scoring opportunities for their teammates.



Handball Practice 14 - Interaction of back position players with the pivot: Shifting, Screening, and Using the Russian Screen by Jörg Madinger

★★★★★ 5 out of 5

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There are a number of different ways that back position players can interact with the pivot. One common tactic is for the back position player to set a pick for the pivot. This involves standing in front of the defender who is guarding the pivot, and then moving out of the way once the pivot has

made their move. This creates space for the pivot to receive a pass or to score a goal.

Another common tactic is for the back position player to screen for the pivot. This involves standing in front of the defender who is guarding the pivot, and then moving into the defender's path. This prevents the defender from being able to guard the pivot effectively, and gives the pivot more time and space to receive a pass or to score a goal.

Back position players can also interact with the pivot by passing them the ball. This can be done either directly, or by using a bounce pass or a lob pass. The pivot can then use the ball to score a goal, or to pass it to another player.

The interaction between back position players and the pivot is a complex and dynamic one. The success of a handball team often depends on the ability of these players to work together effectively.

Drills to Improve Interaction

There are a number of different drills that can be used to improve the interaction between back position players and the pivot. Here are a few examples:



- **Drill 1: Pick and Roll**

In this drill, the back position player sets a pick for the pivot, and then rolls to the basket. The pivot then receives a pass from the outside and scores a goal.



- **Drill 2: Screen and Roll**

In this drill, the back position player screens for the pivot, and then rolls to the basket. The pivot then receives a pass from the outside and scores a goal.



- **Drill 3: Passing Drill**

In this drill, the back position players pass the ball to the pivot, who

then returns the pass. The drill can be progressed by adding defenders.

The interaction between back position players and the pivot is a crucial element of handball. By practicing the drills outlined above, teams can improve their ability to work together effectively, and increase their chances of success.

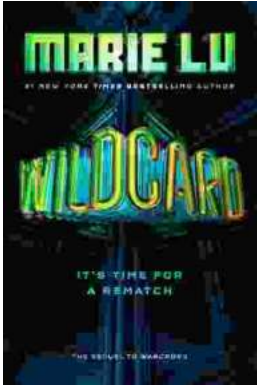


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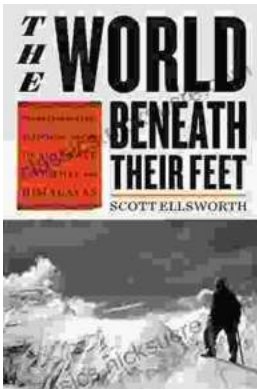
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